

Extracurricular and Interscholastic Activities Procedures

Lynden School District is proud of its activity programs and encourages all students to get involved. We, coaches, advisors and administrators, who are responsible for the conduct of students during activities, feel that the privilege of participating in an activity or athletic program is one of the most valuable educational experiences in a student's life. It is a privilege to participate. The highest possible standard of conduct and training are required by those who participate in the Lynden School district programs. Therefore, the following rules will be followed by all participants of school sponsored extra curricular activities, clubs, and athletic teams.

The following items are required to be on file for all students participating in any extra curricular activities:

- Activity Code signed by student athlete and parent/guardian
- ASB card

In addition, the following items are required to be on file in the athletic office before participation in athletic activities:

- Proof of Physical
- Insurance Waiver or School Insurance Plan
- Athletic Eligibility/Medical Emergency Authorization form

Lynden High School

Academic Standards

Students must pass all classes. first quarter, first term, 3rd quarter and 2nd term grades will be used for determination of eligibility. Participants who have failed to make grade requirements shall be placed on probation during the first four (4) weeks of the succeeding quarter. During this time students will be ineligible from participating in games. Students may be eligible on Monday of the fifth (5th) week if they are passing in all subjects. An incomplete is treated as a failure for purposes of eligibility and will result in ineligibility until the incomplete is satisfied or a new eligibility period is reached and courses successfully completed.

Attendance Procedure

All students under the Lynden High School Activity Code must be in attendance at school 3 of 4 periods. Any unexcused absences of any period on the day of a game or practice will cause a student to miss that day's game or practice. Day after game, students must be in attendance ALL periods enrolled. If a student misses any period, the student will not play in the next contest. (Students are given one excused absence per year under this attendance policy).

Training and Conduct Rules

1. No smoking, chewing or in possession of tobacco

2. No possession or use of intoxicating beverages
3. No possession or use of illegal drugs or mood altering substances which also includes anabolic steroids.
4. No committing any unlawful acts or engaging in any delinquent behavior.
5. Abide by all school regulations in conjunction with the Lynden High School Student Rights and Regulations.

Disciplinary Action for Rule Infractions

An Activity Board comprised of the Principal, Assistant Principal, Athletic Director, and two (2) students selected by the LHS ASB officers in the spring of the previous year, will act on violations of this Activity Code.

Disciplinary Action for Rule Infractions for the Use/Possession of Tobacco, Alcohol, Drugs, or Anabolic Steroids

1. First Offense during High School Career:
 - a. The participant will be excluded from participating in 50% of the total season games, contest or activities.
 - b. In case of ASB and Class/Club Officers and or members, a 45 day suspension from membership positions and privileges.
 - c. If violations occur at the end of the season or between seasons, suspensions will be calculated out of the participants next season of participation.
 - d. Fifty percent or 45 day membership suspension may be reduced to 20% or 20 school days when the violation is voluntarily reported by the student or the parent/guardian
 - e. The participant will be expected to make all practice sessions and/or meetings.
 - f. In the case of drug /alcohol violations the participant will meet with the Certified Chemical Dependency Counselor or join a tobacco cessation class. All costs incurred will be the responsibility of the student and/or guardian.
2. Second Offense during High School Career:
 - a. Suspension in 80% of the total season games or contests, and a 70 school day suspension from membership positions in clubs and classes.
 - b. Eighty percent or 70 day suspension may be reduced to 50% and/or 45 school days when violation is voluntarily reported by student or parent/guardian.
3. Third Offense during High School Career:
 - a. Suspension from all activities covered in the code through graduation.
 - b. The student may submit for re-admission on the recommendation and/or completion of a drug/alcohol treatment program after 180 calendar days.
 - c. Decision to resume participation will be made by the Activity Council.

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Rule Infractions for Unlawful and/or Delinquent Acts

1. First Offense: A student may be immediately suspended from participation for up to 50% of the total season games. The actual degree of suspension will be up to the Activity Council.
2. Second Offense: A student will be suspended for the remainder of the current season's games, or in case of ASB and Class Officers, or Club Officers and members, removal from membership and all participation outside of the normal school day for the shorter of two time periods, either 90 school days or the remainder of the school year which ever comes first.

The determination of these violations will not be established on rumor or hearsay. Factual information will be from school administrators, coaches, school employees, and law enforcement.

Lynden Middle School

Athletic Eligibility

Lynden Middle School offers many opportunities for students to participate on competitive sports teams. In addition to developing athletic skills and being a part of a team, students are expected to demonstrate the highest standards of good sportsmanship. Student athletes are ambassadors for our school and need to be courteous, fair and respectful at all times. Participation in sports is a privilege, not a right. To be eligible to participate in athletics at Lynden Middle School, students are expected to follow the "standards of eligibility" established by the Washington Interscholastic Activities Association (WIAA) and adopted by Lynden Middle School.

Code of Ethics

1. To emphasize the proper ideals of sportsmanship, ethical conduct, and fair play.
2. To eliminate all possibilities which tend to destroy the best values of the game.
3. To stress the values derived from playing the game fairly.
4. To show cordial courtesy to visiting teams and officials.
5. To establish a happy relationship between visitors and hosts.
6. To respect the integrity and judgment of sports officials.
7. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
8. To encourage leadership, use of initiative, and good judgment by the players on the team.
9. To recognize that the purpose of athletics is to promote the physical, mental, moral, social, and emotional well being of the individual players.
10. To remember that an athletic contest is only a game-not a matter of life or death for player, coach, school, official, fan, community, state or nation. *(from Appendix 8, WIAA Handbook)*

Attendance

Students must be in attendance half a day (3 periods) to be eligible for games unless a pre-arranged excuse has been cleared through the office. An unexcused absence, for either part or all of a school day, will cause a student to be ineligible for that day's game and may result in additional consequences. Students must also be in attendance the day following a game unless a prearranged excused absence has been cleared through the office.

Student Expectations

Student athletes will follow all school rules and regulations as described in the Student Rights and Responsibilities Handbook. A student who violates regulations in the Handbook is subject to disciplinary action by the Athletic Eligibility Board consisting of coaches and administrators selected by the principal. Such a student shall be warned and may be suspended for one or more contests following the first administrative action. Suspension for the remainder of the season may follow the second administrative action. Coaches may institute additional eligibility rules for their sport.

Certain major violations will affect eligibility as follows:

1. *Possession or use* of tobacco, alcoholic products, legend drugs and/or controlled substances is prohibited, on or off campus, during or outside the school day.
 - a. For tobacco offenses, in season, students involved in sports will be suspended for one half the team's regular contests. If the violation occurs at the end of a sports season or during the off season, the suspension will carry over into the next sports season.
 - b. A second violation will result in suspension from a full season.
 - c. A third violation will make the participant ineligible one year from the date of the third violation.
2. For offenses involving alcoholic products or illegal drugs or legend drugs (defined as those drugs that are legal only through prescription), the following sanctions will be applied:
 - a. A first violation shall make the participant immediately ineligible for interscholastic competition in the current interscholastic sports program for the remainder of the season.
 1. Ineligibility shall continue until the next sports season in which the participant wishes to participate.
 2. In order to be eligible to participate in the next interscholastic season, the student shall meet with the Athletic Eligibility Board.
 3. The Athletic Eligibility Board will recommend to the principal appropriate action to be taken in the student's case.
 4. The school principal shall have the final authority as to the student athlete's participation in the interscholastic sports program.

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5. If the violation occurs at the end of a sports season or in the off season, the participant will be suspended from no less than one half the team's regular contests in the next sport in which the student participates, and the same reinstatement of eligibility provisions described above will apply.
 - b. A second violation shall make the participant ineligible for one (1) calendar year from the date of the second violation.
 - c. A third violation will make the participant permanently ineligible at Lynden Middle School.

Criminal offenses may affect a student's eligibility, even if the offense was not committed on school property or at a school event. A student involved in a criminal offense will be subject to a review by the Athletic Eligibility Board and may be found ineligible for one game, a number of games, or placed on behavior probation. Repeated criminal offenses either in school or outside of school will likely result in ineligibility for the remainder of the season depending on the circumstances involved.

Scholastic Achievement

All students participating in athletics are students first, and athletes second. Participants must be passing all subjects. Quarterly grades will be used to determine eligibility. A student who failed one or more classes during the previous quarter will be placed on probation during the first three weeks of the sports season. The student will be eligible for practices if all other eligibility requirements are met, but not eligible for interscholastic competition. An incomplete is treated as a failure for purposes of eligibility and will result in ineligibility until the incomplete is satisfied or a new eligibility period is reached and courses successfully completed. An athlete may be eligible on the Monday of the fourth week if he or she is passing in all subjects. Such a student remains on probation for the rest of the season and must continue to pass all subjects. *If any athlete's grades fall below passing in any subject, he or she will be ineligible for competition until he or she raises all grades to passing or above.*

Due Process

A student dismissed from a team/group for violation of rules may petition the middle school principal in writing to arrange an appeal hearing. The hearing is to be held within three (3) days of the petition. The appeal committee shall be composed of the principal, assistant principal, and a teacher. If additional conferences are necessary to resolve a grievance, the due process procedures as established by the Board of Directors of the Lynden School District will be followed.

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